

GUEST SPEAKERS ADDRESS IV

Promoting Self-directed Learning in Undergraduates of Health-care Sciences

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Self-Directed Learning (SDL) is a widely accepted learning model described in the adult learner. It takes into account the nature of adult learners, of taking control of what they learn and how they would learn it. SDL is considered the most effective way of learning to survive in the ever changing global environment. As such, since the turn of the century, the Government of Sri Lanka has taken steps to adopt Outcome Based Learning (OBE) and SDL in all its higher education institutions.

Many studies done in Sri Lanka and abroad have shown the readiness of undergraduate students and university teachers to adapt SDL. However, the studies also show that in many higher education institutions SDL is still in its infancy, reflecting the need for system and attitudinal changes.

In my lecture, I hope to propose strategies from my experience and that of my students, to make effective SDL a reality among our undergraduates.
