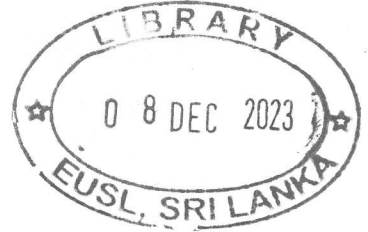


**IMPACT OF INTERPERSONAL EMOTION REGULATION OF
MANAGERS ON SUBORDINATE'S JOB PERFORMANCE OF
BANKING SECTOR IN TRINCOMALEE DISTRICT**



By:

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ABSTRACT

The purpose of this study is to examine the impact of interpersonal emotion regulation of managers on subordinate's job performance of banking sector in Trincomalee district. Existing levels of interpersonal emotion regulation and job performance of selected banks are explored as first objective. The relationships between interpersonal emotion regulation and job performance of selected banks is explored as second objective and impact of interpersonal emotion regulation on job performance of selected banks is explored as third objective. 395 employees who work in different selected banks (Commercial bank, People's bank, BOC bank, Sampath bank, HNB bank) of Trincomalee district was identified as the population. Out of the 395 employees, using the convenience sampling technique 300 employees were considered as the research sample.

Findings shows that interpersonal emotion regulation and job performance had high levels. Strong positive relationship has been identified between interpersonal emotion regulation and job performance. 75.1% variation in job performance is explained by interpersonal emotion regulation. Finally, the results derive that interpersonal emotion regulation positively impact on job performance in selected banks (Commercial bank, People's bank, BOC bank, Sampath bank, HNB bank) in Trincomalee district.

Key words: Interpersonal Emotion Regulation, Job Performance, Banking Sector

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