

EASTERN UNIVERSITY, SRI LANKA

THIRD YEAR, FIRST SEMESTER EXAMINATION IN AGRICULTURE-2010/2011

ACH 3102- FOOD AND NUTRITION-2(30/00)

END SEMESTER EXAMINATION



Time : 2 hours.

Answer All Questions

1. a.) Describe the importance of Basic Food Groups in preparing Balanced Diet.
b) Discuss the usage of Recommended Daily Allowance and Food Composition Table in Meal Planning.
2. a) Briefly describe the Protein Energy Malnutrition in Children
b) Briefly discuss the Xerthalmia.
c) Write brief account on Iodine Deficiency Disorder.
3. Discuss the importance of following in Human Nutrition
 - a) Balanced Diet
 - b) Breast Feeding
 - c) Food Security.
 - d) Iron Deficiency Anaemia
4. Write short notes on the following methods in Assessing the Nutritional Status of Human.
 - a) Dietary Survey Methods
 - b) Biochemical Methods
 - c) Clinical Methods
 - d) Anthropometric Measurements
