## JOB STRESS ON JOB SATISFACTION AMONG FEMALE NURSES IN TEACHING HOSPITAL BATTICALOA

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## ABSTRACT

Modern life in this competing world is always coped with stress. Specifically nature of nursing occupation is always subject to high degree of stress, which involves working with people who are themselves suffering a considerable degree of stress. Female Nursing staff is constantly encountering trouble, crisis and conflict in the work environment prevailing in the hospitals that require them to cope with.

The central theme of this study is to measures on level of job stress and level of job satisfaction of female nurses. Further, this study tends to explain the relationship between job stress and job satisfaction. This research examines job stress on the job satisfaction among female nurses in Batticaloa teaching hospital.

For the purpose of finding the level of stress and satisfaction and also relationship between job stress and job satisfaction, the researcher consider five job stress dimension and six job satisfaction such as Job intrinsic factor. Role in organization, Career Development, work relationship and Personal factor and dimensions of job stress such as Work itself, Promotion, Supervision, Co-workers and Working conditions.

The survey based instrument was used to gather the responses from the female nurses working in teaching hospital in Batticaloa. Information collected through questionnaires issued for 100 female nursing staffs. The findings of this research revealed that job stress has negative relationship with job satisfaction and this study results helps the organizations to reduce the overall effects of job stress by developing and implementing prevention and intervention methods to make the employees to manage and cope with job stress.

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