# Effects of quantitative feed restriction on the performance of broiler chickens

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# ABSTRACT

A study was conducted to evaluate the effect of quantitative feed restriction on the performance and the production cost of broiler chickens. A total of 120, Indian River, day-old broiler chicks were randomly allocated into four dietary treatment groups such as 100% diet as control treatment and 90%, 80% and 70% diets, in floor pens. All treatments were replicated thrice with 10 birds each in a Completely Randomized Design. Broiler chickens were fed broiler starter diet from day 1 to day 21 and broiler finisher diet from day 22 to day 42. The results revealed that the body weight gain in the birds fed with 90% diet was significantly higher than those of control diet during finisher and overall phases and vice-versa during starter period. The feed intakes of birds were significantly decreased with the severity of feed restriction during all periods. However, significantly the lowest overall feed conversion ratio was reported in the birds fed with 70% diet. Furthermore, higher relative liver and lung weights were observed in the control treatment while they had lower relative heart weight. The spleen was significantly increased in the birds fed with 90% diet. It could be concluded that giving 90% of the recommended diet to the broiler chickens increases growth, immunity and income.

Keywords: Broiler, body weight, carcass, cost, feed

# Introduction

Growth performance of broiler chickens has been increased spectacularly over the last 30 years mainly due to the genetic progress, improvements of nutrition and controlled environment so that it takes only 33 days to reach finishing body weight of about 2 kg (Wilson, 2005). Unfortunately, this growth rate is accompanied by increased body fat deposition, high mortality and high incidence of metabolic diseases and skeletal disorders (Zubair and Leeson, 1996). These situations most commonly occur with broilers that consume feed ad libitum when compared to feed restricted birds (Nir et al., 1996). Thus feed restriction has been proposed to reduce these problems. Feed restriction programs used to reduce abdominal and carcass fat in broiler chickens relv on the phenomenon called compensatory growth to produce market body weight similar to

control groups and to reduce high feed cost for broiler feeds. An enhanced rate of growth, exceeding the normal rate of gain, occurs when growth has been retarded by nutritional deprivation and followed by ad libitum feeding (Mc Murtry et al., 1988). Feed restriction programs are strategies that can be used to alter feeding management in order to decrease feed consumption to some extent and thereby growth rate, alleviating the occurrence of metabolic disorders and improving feed efficiency. Research in feed restriction has shown the potential to decrease the occurrence of ascites (Julian, 1997), and sudden death syndrome (Gonzales et al., 1998b). Physical feed restriction, lighting programs, and chemical methods are some of the procedures used to manipulate feed intake. In this context, this experiment was designed with an objective to study the effects of quantitative feed restriction on the performance and the cost of production of broiler chickens.

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# Materials and Methods

The experiment was carried out at Livestock Farm of the Department of Animal Science, Faculty of Agriculture, Eastern University, Sri Lanka for a period of 42 days. A total of 120, unisex, Indian River, day-old broiler chicks were obtained from commercial hatchery and allocated into four treatment groups in a Complete Randomized Design. Commercial broiler starter and finisher diets were fed to the birds as control treatment  $(T_1)$ with other three experimental diets such as 90% (T<sub>2</sub>), 80%  $(T_3)$  and 70%  $(T_4)$  of the control diet as shown in Table 1. A two phase feeding program was adopted, where the broiler chickens were fed broiler starter mash crumbles from day 1 to day 21 and broiler finisher mash pellets from day 22 to day 42. Water was provided ad libitum in round type waterers throughout the period.

The chicks were brooded together in floor pens for one week and thereafter randomly divided into four treatments and three replicates. Each replicate the brooder was 0.023 m<sup>2</sup> per chick. Electric bulbs of 40 watts were used as heating source per pen. During first 3 days the chicks were kept on papers instead of litter. The feed and water were offered to chicks using round feeders and round waters, respectively. Light was provided for 24 hours for the first week of rearing. The floor space per bird given from day 8 up to day 28 was 0.069 m<sup>2</sup> and day 29 up to day 42 was 0.09 m<sup>2</sup>. The day temperature throughout the experimental period was ranged from 30-36 °C.

Performances of broiler chickens were determined by measuring body weight, total feed consumption, feed conversion ratio (FCR), and dressing percentage. The body weights and feed intake of birds were recorded weekly. The FCR was calculated by dividing the total quantity of feed consumed by the total gain in body weight. At the end of the experiment the birds were starved for 12 hours to empty the crop of the bird at slaughtering time. Thereafter, all the birds were weighed and slaughtered. After removing feathers along with the skin, head, legs and all internal organs, the carcass weight was taken to determine the dressing percentage. Dressing percentage was calculated as a percentage of dress weight to the live weight of birds.

The weights of gizzard, spleen, heart, liver, bursa and lungs were measured using digital balance. The relative weights of organs were calculated as a percentage of organ weight to the live weight of birds and expressed as g/100 g body weight. The collected data were computed and subjected to analysis of variance (ANOVA) using SAS statistical software (version 9.1) and difference between means were separated using the Duncan multiple range test (DMRT) at 5% significance level.

Day	Control (g)	90% of control	80% of control	70% of control
	10.0	(g)	(g)	<u>(g)</u>
1	10.0	9.0	8.0	7.0
2	12.0	10.8	9.6	8.4
3	15.0	13.5	12.0	10.5
4	20.0	18.0	16.0	14.0
5	22.0	19.8	17.6	15.4
6	27.0	24.3	21.6	18.9
7	32.0	28.8	25.6	22.4
8	36.0	32.4	28.8	25.2
9	38.0	34.2	30.4	26.6
10	39.0	35.1	31.2	27.3
11	43.0	38.7	34.4	30.1
12	45.0	40.5	36.0	31.5
13	49.0	44.1	39.2	34.3
14	52.0	46.8	41.6	36.4
15	55.0	49.5	44.0	38.5
16	60.0	54.0	48.0	42.0
17	65.0	58.5	52.0	45.5
18	70.0	63.0	56.0	49.0
19	76.0	68.4	60.8	53.2
20	83.0	74.7	66.4	58.1
21	91.0	81.9	72.8	63.7
22	93.0	83.7	74.4	65.1
23	95.0	85.5	76.0	66.5
24	97.0	87.3	77.6	67.9
25	98.0	88.2	78.4	68.6
26	100.0	90.0	80.0	70.0
27	101.0	90.9	80.8	70.7
28	103.0	92.7	82.4	72.1
29	110.0	99.0	88.0	77.0
30	117.0	105.3	93.6	81.9
31	125.0	112.5	100.0	87.5
32	133.0	119.7	106.4	93.1
33	140.0	126.0	112.0	98.0
34	148.0	133.2	118.4	103.6
35	150.0	135.0	120.0	105.0
36	151.0	135.9	120.8	105.7
37	152.0	136.8	121.6	106.4
38	153.0	137.7	122.4	107.1
39	154.0	138.6	123.2	107.1
40	156.0	140.4	124.8	109.2
40 41	158.0	142.2	124.0	110.6
41	160.0	142.2	128.0	110.0
44	100.0	144.0	120.0	112.0

Table 1. Feeding chart of broiler chickens

Source: Department of Animal Production and Health

### **Results and discussion**

### Growth performance

Table 2 shows the effect of quantitative feed restriction on the growth performance of broiler chickens. There was significant difference recorded among the treatments for the body weight gain during 0-21, 22-42 and 0-42 days.

The results revealed that the birds fed with 90% of the control diet  $(T_2)$  recorded significantly the highest (p<0.05) body

Growth phase	<b>T</b> <sub>1</sub>	T <sub>2</sub>	<b>T</b> <sub>3</sub>	T <sub>4</sub>		
	Bodyweight gain (g)					
0-21 d	$674 \pm 8.8^{a}$	621±3.3 <sup>b</sup>	578±5.7°	533±2.8 <sup>d</sup>		
22-42 d	1320±15.3 <sup>c</sup>	1486±29.1ª	1420±0.0b	1348±15.9 <sup>c</sup>		
0-42 d	$1988 \pm 0.0^{b}$	2124±44.1ª	1998±5.7 <sup>b</sup>	1881±14.5 <sup>c</sup>		
		Feed intake (g	g)			
0-21 d	$930 \pm 2.8^{a}$	$840 \pm 2.8^{b}$	752±1.1°	658±1.1 <sup>d</sup>		
22-42 d	$2344 \pm 2.3^{a}$	2224± 2.3 <sup>b</sup>	2155±2.8 <sup>c</sup>	1885±2.8 <sup>d</sup>		
0-42 d	$3274 \pm 2.3^{a}$	3064±2.3 <sup>b</sup>	2907.0±1.1°	2543±1.0 <sup>d</sup>		
FCR						
0-21 d	$1.39 \pm 0.02^{a}$	$1.35 \pm 0.01^{b}$	1.30±0.01°	1.23±0.01 <sup>d</sup>		
22-42 d	$1.77 \pm 0.02^{a}$	$1.48 \pm 0.03^{bc}$	$1.51 \pm 0.00^{b}$	1.39±0.01°		
0-42 d	$1.65 \pm 0.01^{a}$	$1.44 \pm 0.03^{b}$	$1.45 \pm 0.00^{b}$	1.35±0.01°		

## Table 2. Body weight, feed intake and FCR of broiler chicken (Mean ± Standard error)

Mean values within a row having different superscripts are significantly different Treatments: T<sub>1</sub>-Control diet (100%), T<sub>2</sub>-90% of control diet, T<sub>3</sub>-80% of control diet, T<sub>4</sub>-70% of control diet

weight gain during finisher and overall phase when compared to others although the birds of control treatment ( $T_1$ ) recorded significantly the highest (p<0.05) body weight gain during the starter period. In addition, significantly the lowest overall body weight gain was reported from the birds fed with 70% diet ( $T_4$ ).

The results related to the feed intake revealed that the birds fed with control diet ( $T_1$ ) recorded significantly the highest (p<0.05) feed intake during starter, finisher and overall periods. The feed intakes of birds were significantly decreased with the severity of feed restrictions among the treatments during all periods (0-21d, 22-42d and 0-42d). The results of FCR revealed that the birds fed the highest (p<0.05) FCR during starter, finisher and overall periods while those fed with 70% diet ( $T_4$ ) have significantly the lowest (p>0.05) FCR. These results showed that the broilers

with control diet  $(T_1)$  have significantly

kept under 10% feed reduction than the recommended (control) amount increased weight gain by 5.9% when compared to the control. It has been known that feed restricted birds consumed more feed in their attempt to compensate for the time they would have been deprived of feed (Khetani *et al.*, 2009). In contrast, Palo *et al.* (1995) observed that feed restricted birds gained less weight than full-fed control birds. The possible explanation of the lower body weight observed in the feed restricted birds may be the decrease in

nutrient intake compared to the *ad libitum* fed birds. However, Ballay *et al.* (1992) observed no significant difference between the feed restricted and control birds for body weight gain, FCR and feed intake.

The highest FCR in birds fed with control (T<sub>1</sub>) diet and the lowest FCR in birds fed with 70% diet  $(T_4)$  could be due to significantly higher and lower feed intakes of birds, respectively. The results indicate an improved feed utilization in restricted birds when compared to the control group. However, Khetani et al. (2009) indicated that feed restricted birds consumed more feed in their attempt to compensate for the time they would have been deprived of feed, thus, birds were less efficient in feed utilization and in the process did exhibit compensatory growth. Mahmood et al. (2007) and Onbasilar et al. (2009) have reported better FCR values in feed-restricted birds. When birds are subjected to early feed restriction they exhibit slow growth followed by a period

of rapid growth and weight gain as they approach market weight to compensate for the delayed growth during early restriction period (Gous and Cherry, 2004). This translates into reduced maintenance requirements and improved feed utilization potential by birds due to smaller body weights (Lippens *et al.*, 2000).

# Live weights, carcass weights and dressing percentages

Table 3 shows the effect of quantitative feed restriction on the live weight, carcass weight and dressing percentage of broiler chickens. The results revealed that the birds fed with 90% diet (T<sub>2</sub>) have significantly the highest live and carcass weights (p<0.05) while those fed with 70% diet (T<sub>4</sub>) have the lowest (p>0.05). This could be due to the significantly higher bodyweight gain and lower FCR in the birds fed with 90% diet when compared to the control.

Table 3. Live weight,	carcass weight and	dressing percentages
<i>, ,</i>	0	

Parameter	T1	T2	Т3	T4
Live weight (g)	2030 <sup>b</sup> ±10.0 <sup>b</sup>	2166± 44.1ª	$2040 \pm 5.8^{b}$	1923±14.5 <sup>c</sup>
Carcass weight (g)	$1320^{cb} \pm 11.5^{cb}$	$1466 \pm 34.8^{a}$	1350±26.5 <sup>b</sup>	1243±24.0°
Dressing percentage(%)	65± 0.3	67 ± 1.2	66 ± 1.4	$64 \pm 1.6$

Mean values within a row having different superscripts are significantly different

Treatments: T<sub>1</sub>-Control diet (100%), T<sub>2</sub>-90% of control diet, T<sub>3</sub>-80% of control diet, T<sub>4</sub>-70% of control diet

According to Scheideler and Baughman (1993) there was significant effect of feed restriction on the carcass weight of broiler chickens. It is generally accepted that after restriction, compensatory growth will be attained. However, Summers *et al.* (1990) investigated a 50% feed restriction

program in 5–11-day-old broilers and did not report significant differences in carcass weight, whereas in other feed restriction studies carcass weight was increased (Tumova et al., 2002). However, dressing percentage the was not significantly different among treatments by the feed restriction in broiler chickens. Saleh et al. (1996) showed a trend of increasing dressing percentage for the restricted birds as well as improvement in breast meat yield. According to Saleh et al. dressing percentage (2005)was significantly reduced by feed restriction.

### Relative organ weights of broiler Chicken.

Table 4 shows the effect of quantitative feed restriction on the relative organ weights of broiler *chick* 

Relative of weight (g/100g	organ live	<b>T</b> <sub>1</sub>	T <sub>2</sub>	<b>T</b> <sub>3</sub>	T <sub>4</sub>
body weigl					
Gizzard	·	2.02±0.04 <sup>c</sup>	2.20±0.06 <sup>b</sup>	2.05±0.01 <sup>c</sup>	$2.35 \pm 0.02^{a}$
Heart		0.35±0.01 <sup>b</sup>	$0.42 \pm 0.00^{a}$	$0.42 \pm 0.00^{a}$	$0.43 \pm 0.01^{a}$
Liver		$2.04 \pm 0.01^{a}$	1.75±0.05 <sup>b</sup>	$1.59 \pm 0.07 $ bc	1.42±0.1°
Spleen		$0.07 \pm 0.00^{b}$	0.12±0.01 <sup>a</sup>	$0.07 \pm 0.01^{b}$	$0.09 \pm 0.07^{b}$
Bursa		0.04±0.00 <sup>c</sup>	0.04±.0.01c	$0.04 \pm 0.09^{b}$	$0.05 \pm 0.01^{a}$
Lungs		$0.56 \pm 0.01^{a}$	0.51 ±0.01 <sup>b</sup>	$0.49 \pm 0.01^{b}$	0.46±0.00 <sup>c</sup>

Table 4. Relative organs weight of broiler chicken (Mean± standard error)

Mean values within a row having different superscripts are significantly different

Treatments: T1-Control diet (100%), T2-90% of control diet, T3-80% of control diet, T4-70% of control diet

The birds in control treatment ( $T_1$ ) have significantly higher (p<0.05) relative liver and lung weights while they have significantly lower relative heart weight when compared to others. The spleen was significantly increased in the birds fed with 90% diet whereas bursa was significantly increased in the birds fed with 80% and 70% diet when compared to the control. Moreover, the relative gizzard weight was significantly increased in the birds fed with 70% diet.

The results revealed that feed restriction improves the immunity of broiler chickens by increasing the weights of immune organs. The findings of the present study correspond with David and Subalini (2015) who reported that relative gizzard weight decreases when feeding *ad libitum*. However, this result is not consistent with another research study (Summers *et al.*, 1990), in which a significant difference was not observed in gizzard weight between birds. The reason for the lower relative heart weight of birds in control (T<sub>1</sub>) treatment may be due to the lower body weight gain and higher FCR in birds which in turn could have affected the relative heart weight. In addition, the feed restricted birds tend to move around for searching feed and this might create increased physical activity in birds which in turn leads to increase heart rate in feed restricted birds. These results agree with that of McGovern et al. (1997), who concluded that heart weight was significantly higher in feed restricted broilers. Moreover, Hollands et al. (1965) reported that liver, heart and spleen weight were not affected in the birds on feed restriction program. In contrast, Onbasilar et al. (2009) reported a significantly lower heart weight in feed restricted broilers when compared to the unrestricted control.

In broilers, the liver is the main site of lipid production, whereas fatty tissue, especially in the abdomen, is the main site for fat storage (Leenstra, 1986). Feed restriction reduces metabolic efficiency of the liver; thus, the effect of the intensity and duration of restriction may cause a reduction in liver weight (Jones *et al.*, 1995). This could be the reason for the lower relative liver weightsobserved in the birds of restricted treatment groups when compared to that of control treatment. However, after the rehabilitation period, some authors reported a liver enlargement (Ozdogan and Aksit, 2003). An explanation for this is that after the cessation of restricted feeding, birds will overeat, such that the liver will enlarge.

#### Total feed cost, income and profit.

Table 5 shows the effect of quantitative feed restriction on the total cost, income

and profit from the broiler chicken production. The results indicate that there are significant differences among the treatments for the cost of feed, income and profit. In addition, the results indicate that, profit from the feed restricted birds were significantly higher than the control. This might be due to the higher feed cost obtained in control treatment than the feed restricted groups. Furthermore, a significantly the highest income was obtained from the birds fed 90% diet (T2) than others and this could be due to the higher growth performance of birds recorded in the birds fed 90% diet.

Treatment	Cost of feed (SLR)	Income (SLR)	Profit (SLR)
T1	351.36±0.06 <sup>a</sup>	$551.1 \pm 5.88^{bc}$	199.7±5.88 <sup>b</sup>
T2	316.26±0.49 <sup>b</sup>	616.0±14.60ª	299.7±14.60 <sup>a</sup>
T3	281.07±0.37 <sup>c</sup>	567.0±11.10 <sup>b</sup>	285.9±11.10 <sup>a</sup>
T4	245.97±0.37d	522.2±10.10 <sup>c</sup>	276.1±10.10 <sup>a</sup>

Table 5. Total feed cost, income and profit (Mean± standard error)

Mean values within a column having different superscripts are significantly different Treatments: T1-Control diet (100%), T2-90% of control diet, T3-80% of control diet, T4-70% of control diet

Ireatments: 11-Control diet (100%), 12-90% of control diet, 13-80% of control diet, 14-70% of control diet SLR: Sri Lankan Rupees

The economic relevance of these results is that feed costs declined with the severity of the restriction since feed intake declined correspondingly. Feed restricted birds generally eat less than unrestricted birds (Saleh *et al.*, 1996). However, cost of production was not inversely related to profit or profit/ kg live weight because normally final live weight of restricted birds was significantly less than (P<0.05) unrestricted except birds mildly restricted.

## Conclusion

By giving 90% of the recommended diet to the broiler chickens, the body weight gain, live weight and carcass weight could be

increased. Furthermore, the immunity of broiler chickens could be increased by

means of increasing spleen weight in broiler chickens as a result of 10% feed restriction. Moreover, the income and profit could be increased due to reducing 10% feed.

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