

EASTERN UNIVERSITY, SRI LANKA

THIRD YEAR, FIRST SEMESTER EXAMINATION IN AGRICULTURE 2016/2017

AC – 3102 HUMAN NUTRITION (2: 20/20)

END SEMESTER EXAMINATION (January 2019)

Time allowed: 01 Hour

Answer all questions

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Q1)

- a) Explain the “**Role of dietary fiber in digestion and absorption**” in human.
- b) Discuss the beneficial effects of functional foods in the prevention of disease and in promoting health.

Q2) Write short notes on the following

- a) Risk factors for the development of Coronary Heart Disease.
- b) Meal planning and RDA.
- c) Anthropometric methods for assessing Nutritional Status of an adult.

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