

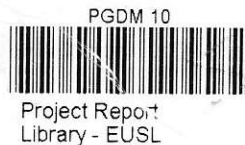
**“STUDY ON WORK-LIFE BALANCE OF MANAERIAL LEVEL  
EMPLOYEES WORKING IN INTERNATIONAL NON  
GOVERNMENTAL ORGANIZATIONS IN BATTICALOA  
DISTRICT”**

By

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## **Abstract**

Work-life balance is a topic that increasingly appears in literature and conversation in our society today. As people work longer hours and work harder to do more with less in order to beat competition, it becomes more difficult for workers to manage both their lives and their personal lives.

This research aims to apply the work life balance problem in Sri Lanka context. Mainly this research applies the work-life balance problem at the managerial level employees (National staff) working in International Non-governmental Organizations in Batticaloa District.

Conceptual frame work developed and four variables were identified such team work, working environment, organizational culture and pay. Research data were collected by structured questionnaire issued to 52 managerial level employees from 25 international organizations working in Batticaloa District. The collected data was analyzed using computer package called Statistical Package for Social Science (SPSS) under descriptive statistic analysis.

The researcher has come to the conclusion that work life balance problem is applicable in Sri Lanka context and the identified variables influence the work-life balance. From these findings the above four dimension should be considered when analyze job, recruit an employee to International Non Governmental Organizations.

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